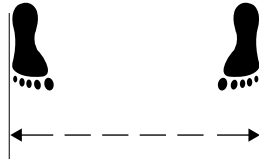


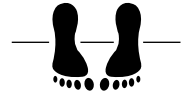
Positions fondamentales des pieds



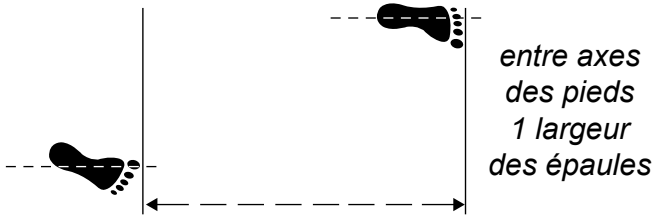
Charyot Sogi
(position salutation)



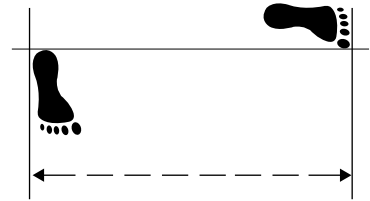
Narani Sogi
(position pieds parallèles)
1 largeur des épaules



Moa Sogi
(position pieds joints)



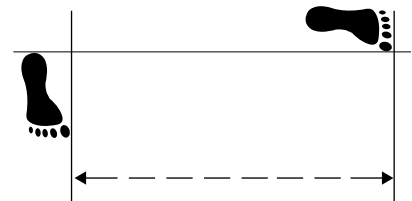
Gunnun Sogi
(position de marche)
1 largeur et demie des épaules



Niunja Sogi
(position "L")
1 largeur et demie des épaules



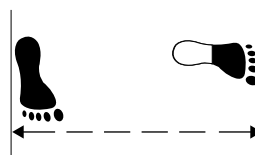
Annun Sogi
(position assise)
1 largeur et demie des épaules



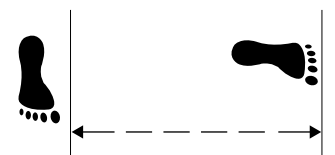
Gojung Sogi
(position "L" longue)
1 largeur et demie des épaules



Kyocha Sogi
(position "X")



Dwitbal Sogi
(petite position de pieds)
1 largeur des épaules



Soojik Sogi
(position verticale)
1 largeur des épaules